



WINTER SQUASH TALKING POINTS

1. Introduction of Winter squash

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2. A Slice of History about Winter squash

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3. How does Winter squash grow?

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4. What season do we pick Winter squash?

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5. Vitamins and Minerals from Winter squash

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6. How do you pick a good Winter squash?

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7. Let's try some Winter squash! (instructions on what the students do next)

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